

SS22 MENU

<b>Week 1</b>				
18/04/2022, 09/05/2022, 06/06/2022, 27/06/2022, 18/07/2022, 12/09/2022, 03/10/2022.				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	BBQ Chicken with Rice	Roast British Gammon <b>(No Yorkshire Pudding)</b>	Chicken with 50/50 Rice	Omega 3 Fish Fingers with Oven Baked Chips <b>Gluten Free Fish Fingers</b>
	Jacket Potato with a Choice of Topping <i><b>(Only Baked Beans or Tuna Mayo or Vegan Cheese)</b></i>	Tomato Pasta (V) <b>Gluten Free Pasta, No Lentils in Tomato Based Sauce or Cheese. (Unless Violife Cheese)</b>	Jacket Potato with a Choice of Topping <i><b>(Only Baked Beans or Tuna Mayo or Vegan Cheese)</b></i>	Gluten Free Roll with a Choice of Filling <b>(Ham, Violife Cheese or Tuna Mayo)</b>
Margherita Pizza with Wedges (V) <b>Vegan Cheese, Gluten Free Pizza Base, No Lentils in Tomato Based Sauce.</b>	Rustic Italian Meatball Linguine (VE) <b>Gluten Free Pasta, No Lentils in Tomato Based Sauce</b>			
Mixed Salad	Broccoli	Carrots	Broccoli	Peas
Carrots	Baked Beans	Spring Greens	Cauliflower	Sweetcorn
Iced Fruit Smoothie	Gluten Free Shortbread/ Iced Fruit Smoothie/ Fresh Fruit	Fruit Jelly (VE)	Fresh Fruit Platter (VE)	Gluten Free Shortbread/ Iced Fruit Smoothie/ Fresh Fruit

**Gluten Free Pizza Base (01502) Allergens: N/A**  
**Gluten Free Roll (01051) Allergens: EGG**  
**Gluten Free Wrap (06246) Allergens: N/A**  
**Gluten Free Pasta (68174) Allergens: N/A**  
**Gluten Free Fish Fingers 01652 - Allergens- Fish  
 Violife Cheese-**

SS22 MENU

<b>Week 2</b>				
25/04/2022, 16/05/2022, 13/06/2022, 04/07/2022, 29/08/2022, 19/09/2022, 10/10/2022.				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
		Chicken with Mash & Gravy <b>(McCains Simply Mash only)</b>	Lemon & Herb Chicken with Potato Dippers	Battered Fish Fillet with Oven Baked Chips <b>Gluten Free Fish Fingers</b>
Jacket Potato with a Choice of Topping <i>(Only Baked Beans or Tuna Mayo or Vegan Cheese)</i>	Gluten Free Roll with a Choice of Filling <b>(Ham, Violife Cheese or Tuna Mayo)</b>		Jacket Potato with a Choice of Topping <i>(Only Baked Beans or Tuna Mayo or Vegan Cheese)</i>	Tomato Pasta (V) <b>Gluten Free Pasta, No Lentils in Tomato Based Sauce or Cheese. (Unless Violife Cheese)</b>
			Pasta Bolognese (VE) <b>Gluten Free Pasta, No Lentils in Tomato Based Sauce</b>	Baked Enchilada (VE) with Mexican Style Rice <b>Gluten Free Wraps, No Lentils in Tomato Based Sauce</b>
Peas	Broccoli	White Cabbage	Mixed Salad	Coleslaw
Baked Beans	Sweetcorn	Carrots	Corn on the Cob	Peas
Gluten Free Shortbread/ Iced Fruit Smoothie/ Fresh Fruit	Gluten Free Shortbread/ Iced Fruit Smoothie/ Fresh Fruit	Fruit Jelly (VE)	Fresh Fruit Platter (VE)	Gluten Free Shortbread/ Iced Fruit Smoothie/ Fresh Fruit

**Gluten Free Roll (01051) Allergens: EGG**  
**Gluten Free Wrap (06246) Allergens: N/A**  
**Gluten Free Pasta (68174) Allergens: N/A**  
**Gluten Free Fish Fingers 01652 - Allergens- Fish**

SS22 MENU

Week 3				
02/05/2022, 23/05/2022, 20/06/2022, 11/07/2022, 05/09/2022, 26/09/2022, 17/10/2022.				
Monday	Tuesday	Wednesday	Thursday	Friday
		Roast British Beef (No Yorkshire pudding)	Plain Chicken with 50/50 Rice	Omega 3 Fish Fingers with Oven Baked Chips <b>Gluten Free Fish Fingers</b>
Tuna Pasta Salad <b>Gluten Free Pasta.</b>	Jacket Potato with a Choice of Topping <i>(Only Baked Beans or Tuna Mayo or Vegan Cheese)</i>	Tomato Pasta (V) <b>Gluten Free Pasta, No Lentils in Tomato Based Sauce, or Cheese.</b>	Gluten Free Roll with a Choice of Filling <b>(Ham, Violife Cheese or Tuna Mayo)</b>	
	Margherita Pizza with Wedges (V) <b>Vegan Cheese, Gluten Free Pizza Base, No Lentils in Tomato Based Sauce.</b>		Sweet Potato & Chickpea Tikka Masala with Rice (VE)	Hot Cheesy Quesadilla with Oven Baked Chips (V) <b>No Cheese, Gluten Free Wrap, No Lentils.</b>
Sweetcorn	Baked Beans	Carrots	Corn on the Cob	Peas
Cauliflower	Mixed Salad	Spring Greens	Broccoli	Coleslaw
Iced Fruit Smoothie	Gluten Free Shortbread/ Iced Fruit Smoothie/ Fresh Fruit	Fresh Fruit Platter (VE)	Fruit Jelly (VE)	Gluten Free Shortbread/ Iced Fruit Smoothie/ Fresh Fruit

**Gluten Free Pizza Base (01502) Allergens: N/A**  
**Gluten Free Roll (01051) Allergens: EGG**  
**Gluten Free Wrap (06246) Allergens: N/A**  
**Gluten Free Pasta (68174) Allergens: N/A**  
**Gluten Free Fish Fingers 01652 - Allergens- Fish**